

Unit 4

Child Care & Development



Child Care and Development

What is a Caregiver?

- A person who meets the many _____ of children
- They help prevent _____ or _____
- They help provide an environment that fosters _____

Responsibilities of Caregivers

1. PROVIDE A _____ ENVIRONMENT
2. PROVIDE BASIC _____
3. PROVIDE _____ NEEDS
4. TEACH _____ AND _____
5. DEVELOP MUTUAL _____
6. PROVIDE APPROPRIATE _____
7. PROVIDE AND ENCOURAGE _____
8. _____ THEM!

Your Caregivers

*Write ONE PARAGRAPH to YOUR parents and caregivers. How have they met your needs? What have they sacrificed for you? Have they provided any "extras" for you? If they were here, what would you say to them? Will this affect how you act in the future?

Child Development

- Child Development:** how a child becomes able to do more _____ things as they age.
- Development is measured through specific _____.
- Milestones are a set of _____ or _____ that most children can do at a certain age.

Milestones

1. _____
2. _____
3. _____
4. _____

Safety for Children

Ten Tips for Safety

1. Never leave a small child _____ at any time.
2. Keep the child away from _____ equipment or _____ objects.
3. Keep _____ closed or have a barrier across the top of stairs.
4. Keep dangerous _____ out of children's reach
5. Do not let children _____ around with _____ objects.
6. Keep pot handles turned to the inside or _____ of the stovetop.
7. Keep children away from _____ unless supervised constantly.
8. Teach children how to _____ their toys safely.
9. Teach children to _____ their toys when they are finished playing with them.
10. Teach children to stay out of the _____.

NEVER EVER SHAKE A BABY!

1. This could cause _____ (SBS)
2. When a young child is _____, the head whips back and forth, slamming the brain against the hard skull, causing bruising, bleeding and swelling inside the brain.
3. The consequences could be _____!

List 5 Ways to Cope with Crying

1. _____
2. _____
3. _____
4. _____
5. _____

Imagination, Reading and Music

Why Are They Important?

1. Fosters _____
2. Promotes _____ Skills
3. Helps Children Become Critical _____
4. Helps Children Practice and Apply _____
5. Helps Promote New _____ and Retention (Story Telling)
6. Music Increases Information _____ (Memory!)

Toys and Playing

Why Are They Important?

1. _____ Stimulation & _____ Solving
2. Fosters _____ & _____
3. Helps Develop _____ Skills
4. Helps Them Learn About the _____ Around Them
5. Develops _____ Skills

Try to Remember...

Draw a picture of your favorite early childhood TOY. Describe what it was and why you enjoyed playing with it.

Describe your favorite GAME and how you played it.

Pretend Preschool Activities

Below are several simulation activities designed to help you remember what it's like to be a preschooler. As you are doing each activity, try to imagine how a preschool feels doing tasks that we sometimes take for granted. After completing each activity, write a short reflection of how the experience made you feel.

Station 1: Small Motor Skills

Try to put a puzzle together with a blindfold on. No peeking!

Reflection:

Station 2: Math

Follow the instructions at this station to play the math game.

Reflection:

Station 3: Reading

Choose and read one of the children's books on the table. If you get finished with one, read another.

Reflection:

Station 4: Art

Using one of the papers in the middle of the table, write a letter to your best friend using your opposite writing hand.

Reflection:

Station 5: Snack

Follow the instructions at this station to complete the snack activity.

Reflection:

Station 6: Science

Follow the instructions at this station to complete the science experiment.

Reflection: