

Unit 6

Demands of Parenthood



Standards and Objectives

Unit 6: Demands of Parenthood

Performance Objective #8

Participate in an activity that simulates the demands and responsibilities of parenting.

STANDARD 4

Students will understand the importance and impact of healthy opposite gender relationships in families, careers and communities.

Objective 4: Discuss why young adults are not ready for the demands and responsibilities associated with parenthood and the consequences of early physical intimacy.

- a. Discuss the progression to physical intimacy.
- b. Define and discuss STI and other health related consequences of early physical intimacy.
- c. Define and discuss emotional related consequences of early physical intimacy. (STI's, abstinence, pregnancy, emotional distress, adoption, abortion, etc.)
- d. Define abstinence and discuss how abstinence before marriage strengthens marital bonds.
- e. Discuss the various demands of parenting and the impact on families, careers and communities. (physical, social, financial, moral, emotional, intellectual, marriage)
- f. Define and discuss child abuse as a result of teen parenting. (Types, factors that cause, sources of help for parents and/or children of abuse, ways to prevent).

Early Intimacy and STI's

<u>Myths</u>	<u>Facts</u>
• Everyone is doing it.	• Everyone is NOT doing it.
• Your sex drive is so strong you can't control it.	• You can control your urges. You have the freedom to choose.
• Sex is safe.	• There is no such thing as safe sex.

T or False / Questions

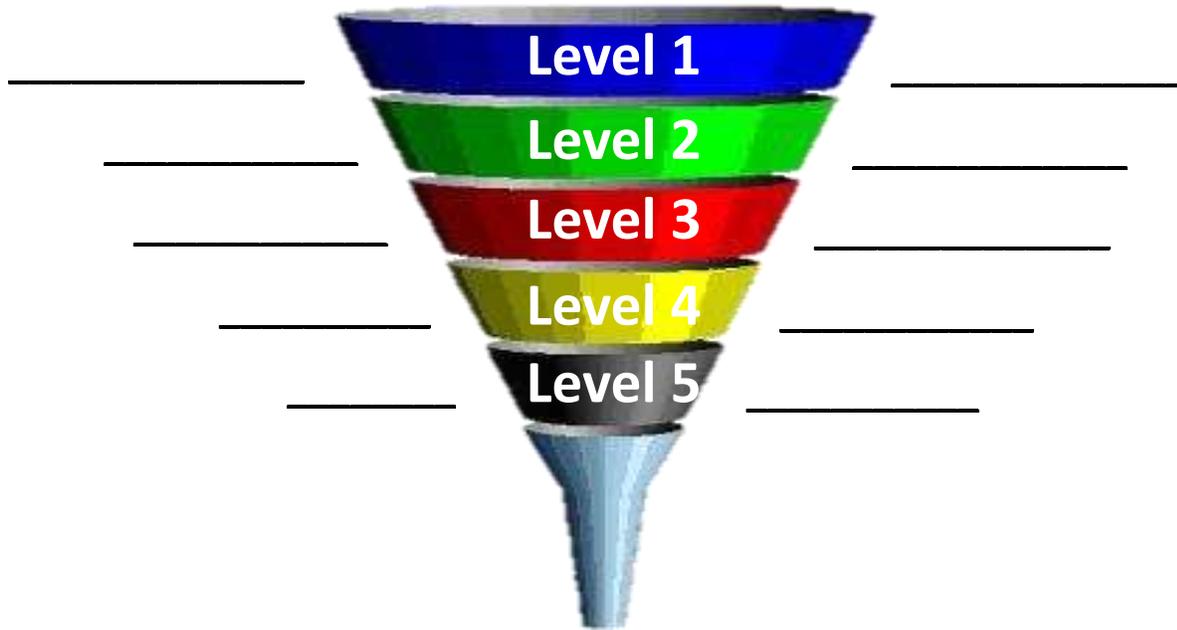
	<u>T or F / Question</u>	<u>Answers</u>
1.	T or F: The vast majority of high school students are having sex.	
2.	T or F: Having sex as a teen is becoming more and more common.	
3.	What does STI stand for?	
4.	Each year, what % of sexually active teens get an STI?	
5.	The younger you are, the more susceptible you are to sexually transmitted infections.	
6.	T or F: Sexually transmitted infections can often lie dormant for years without signs or symptoms.	
7.	T or F: You can get an STI from oral sex.	
8.	Approximately _____ teenage girls get pregnant every year in the U.S. 80% are unplanned.	
9.	T or F: A Girl can get pregnant the first time she has sex.	
10.	What % of guys who get a girl pregnant end up marrying the girl?	
11.	T or F: Abstinence as a teen is the only protection that is 100% safe from disease, pregnancy and emotional scarring.	
12.	T or F: Only about 1 in 10 teens who have had sex, wish they had waited.	
13.	T or F: Sex is a physical action so there aren't any emotional regrets from early intimacy.	_____ : Many teens become depressed and suffer from a low self-esteem or feel disappointed, hurt and betrayed.

Progression to Physical Intimacy



Intimacy Funnel

Commitment Funnel



- The further individuals move toward physical intimacy, the harder it is to stop and there is a _____ desire to maintain control of their feelings.
- It is easy to move up the scale, but it is very difficult to move _____ after being at a higher level.
- Couples who move slowly toward physical intimacy give the relationship time to grow into a _____.

STI's

What are STI's?

- _____ (STI's) are infections which are capable of being spread from person to person through: sexual intercourse, AND oral, anal, genital or digital contact, AND IV drug use/blood to blood contact.
- There are three categories of STI's:
 - _____ (Can be cured if caught early enough)
 - _____ (Have NO cure...yet, but are controllable)
 - _____ (Can be cured if caught early enough)

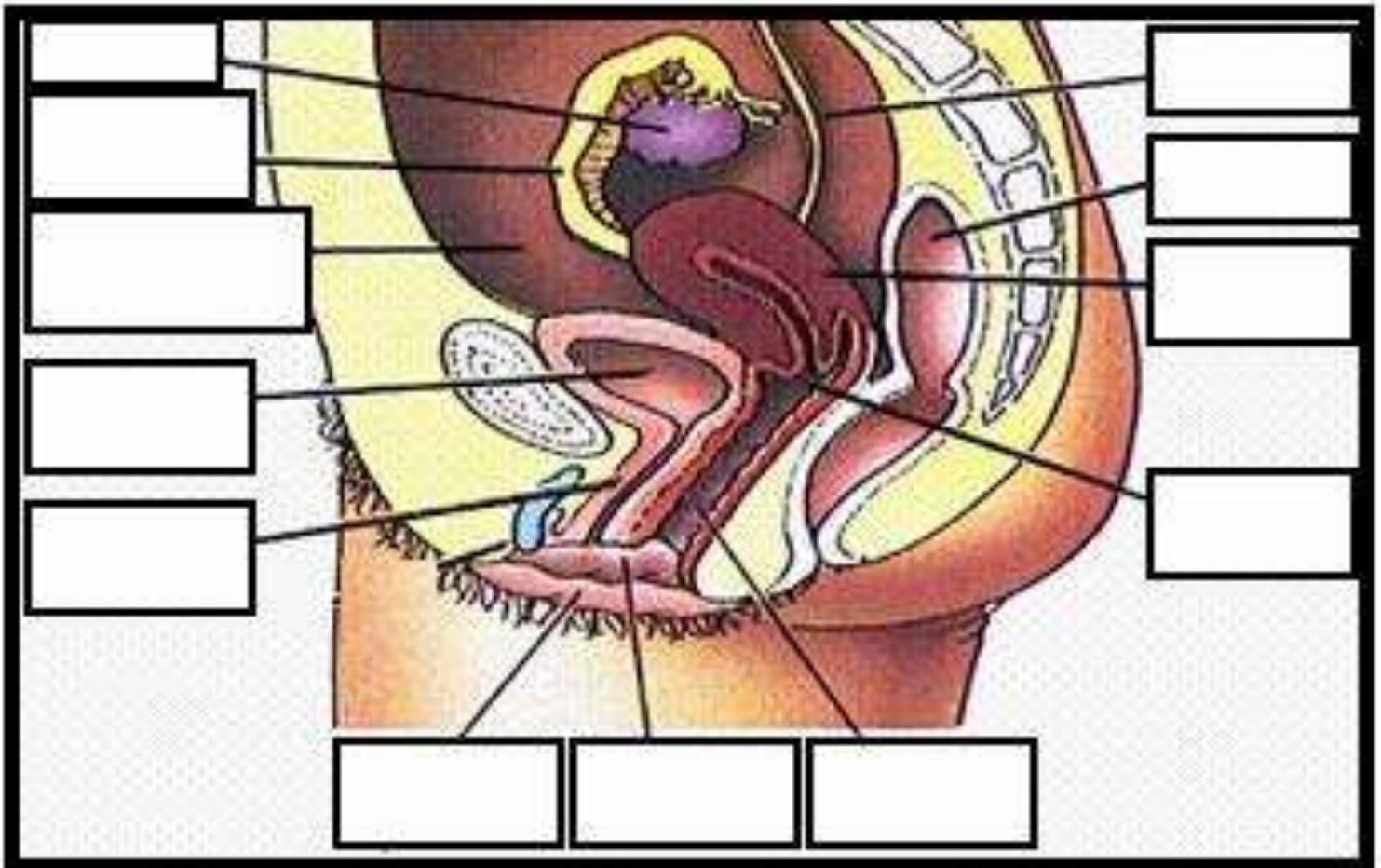
Consequences of Contracting an STI

- Some are _____.
- Some cause _____.
- Some cause complications that affect the ability to _____.
- Some can be passed from an infected female to her _____ before, during or after birth.

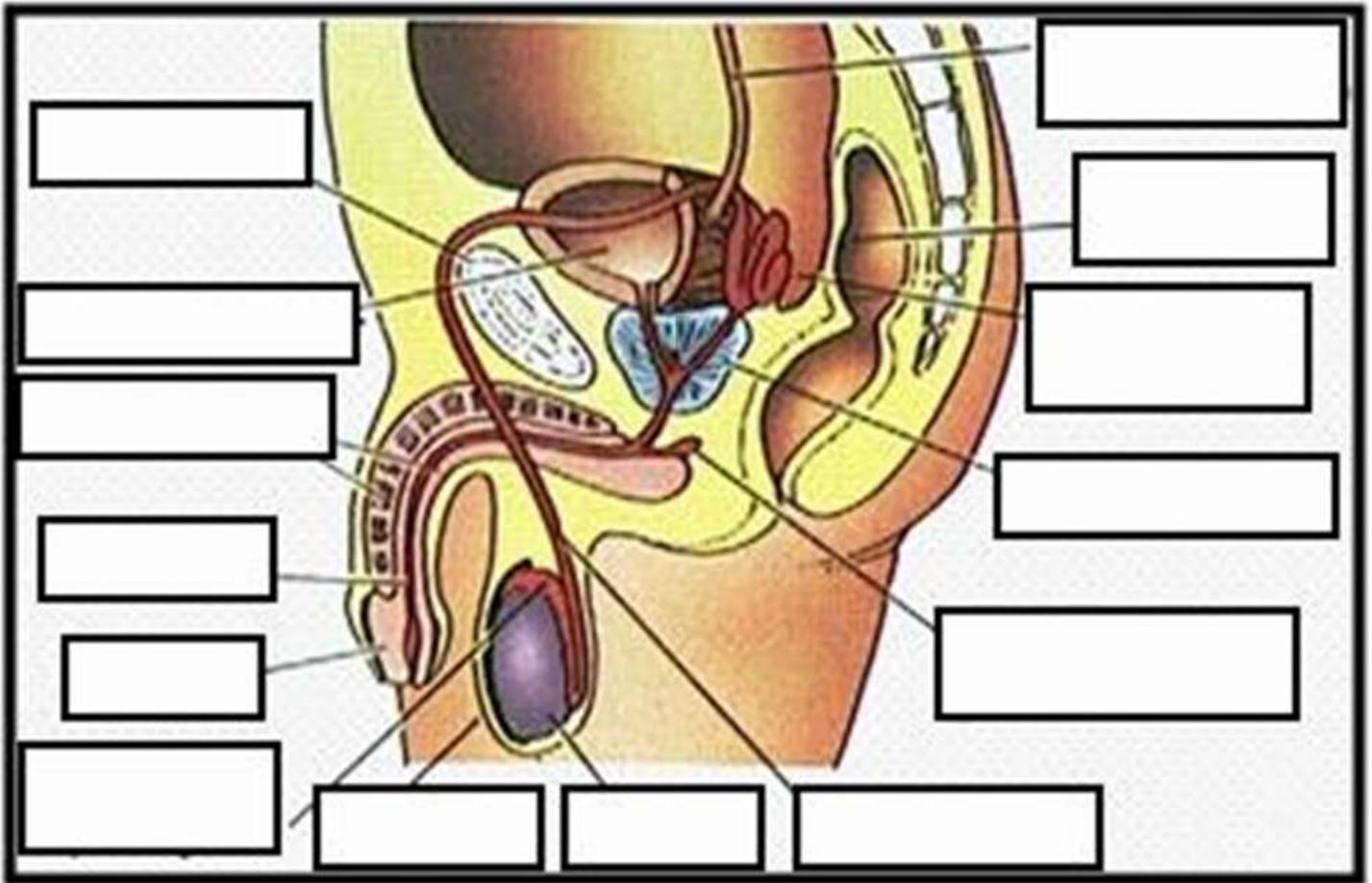
Abstinence

- Abstinence is the _____ way to prevent exposure to an STI. Abstinence is:
 - The _____ to avoid harmful behaviors, including sexual activity before marriage and the use of tobacco, alcohol, drugs or other harmful activities.

Female Anatomy



Male Anatomy



Types of STI's

<u>STI</u>	<u>TYPE</u>	<u>If Left Untreated</u>
HIV/AIDS		
Genital Herpes		_____ and _____ outbreaks. If spread to a baby, can result in physical or mental damage.
Hepatitis		
HPV/Genital Warts		Can cause cervical _____, anal cancer and cancer of the penis.

Gonorrhea		_____ /damage to reproductive systems, epididymitis (_____ of the testicles, can be life threatening.)
Syphilis		Severe _____ to internal organs and other body tissues which can result in _____.
Chlamydia		Increased risk for HIV/AIDS, women can get PID, infants of infected mothers can develop dangerous _____.
Pelvic Inflammatory Disease (PID)		Fallopian tube _____, _____, higher risk of _____ or _____ pregnancy, long-lasting chronic pelvic pain.
Pubic Lice		Can _____ from pubic hair to other hairy areas. Can spread from person to person through close _____.

Conclusion / Solution

- _____ to abstinence before marriage and fidelity after marriage. Just say _____!

Infant Pricing Assignment

A general survey of parents and caregivers revealed the following list of essential, or necessary, equipment for newborns. Today, you are going shopping for these items! You will visit different websites, (a few of which are listed below), and do a price comparison from each store. (*Keep in mind that this list does not include food, clothing or diapers.*) Write the least expensive price in the space below for each item listed. The person who spends the least amount of money wins a prize! Good luck and happy shopping!

Websites:

www.walmart.com
 www.kmart.com
 www.sears.com
 www.icpenney.com
www.craigslist.org
 www.ebay.com

*If you are going to use Ebay or Craigslist, you must pay for shipping unless the item is local.
 (Feel free to search the web for more resources!)

ITEM	PRICE	STORE FOUND
Baby Bath Tub		
Baby Gate / Stair Gate		
Baby Monitor		
Baby Soap / Shampoo		
Baby Toys (At least 3)		
Bath Toys		
Bottle Brush		
Bottles (At least 6)		
Burp Cloths (At least 3)		
Car Sunshade		
Changing Table or Pad		
Chest of Drawers		
Crib		
Crib Bedding Set		
Diaper Bag		
Diaper Stacker / Diaper Storage		
First-Aid Kit		
High Chair		

Hooded Baby Towels (At least 3)		
Humidifier or Vaporizer		
Infant Car Seat		
Infant Grooming Kit (Nail Clippers, Brush, Comb, Nail File, etc.)		
Infant Swing		
Infant Thermometer		
Pacifiers (At least 3)		
Receiving Blankets (At least 6)		
Rocking Chair (For Adult)		
Stroller		
Teething Ring		
Washcloths (At least 6)		
TOTAL PRICE:		

FINAL ASSIGNMENT

Visit the following website and read the instructions at the top of the webpage:

Child Cost Calculator

<http://www.csgnetwork.com/childcostcalc.html>

Calculate:

1. The cost of raising ONE child from birth to 1 year. Write that total here: _____
(Fill in the "Starting Age" column with 0. Fill in the "Ending Age" column with 1.)

2. The cost of raising ONE child from birth to age 18. Write that total here: _____
(Fill in the "Starting Age" column with 0. Fill in the "Ending Age" column with 18.)

3. How much your parents have already spent on you so far. Write that total here: _____
(Fill in the "Starting Age" column with 0. Fill in the "Ending Age" column with your age right now.)

Parenting Readiness

Consequences of Teen Parenthood:

- Less likely to _____ high school
- Dependence on _____
- _____ parenthood
- More likely to have more children _____ on a limited income
- More likely to _____ or _____ the child

Teen Parenthood Demands

	Teen bodies are still growing themselves which makes it harder to support the growth of another body at the same time. Do you know what your body needs to create a NEW healthy person?
	Premature labor, prolonged labor, anemia or toxemia, higher death rate, STI's
	Low birth, organs not developed, lung problems, bleeding, more likely to die in first month of life
	Not able to provide the necessary items to raise a child, not ready to support a baby, home, spouse, future career is jeopardized
	Understanding the principles and guidelines of child development throughout life, most teen parents don't finish high school, little hope for high paying career, child care is a problem.
	Difficulty in keeping emotions under control in high-stress situations due to lack of sleep, adolescents still maturing emotionally themselves, hormonal swings and mood changes, baby depends on them 24 hours a day and teens are searching for independence
	Give up personal free time and activities to put babies needs first, life drastically changes and teens don't want to drag a baby along, fun and carefree activities become a thing of the past.
	Teaching values, responsibility, choices and consequences. Are you ready to be that example for someone else?
	Having a relationship built on trust, fidelity and commitment. Having children can make a strong relationship stronger, but can make a weak relationship weaker.

Child Abuse

Child Abuse

- Any _____ or _____ that results in emotional or physical harm or injury.

Types of Child Abuse

•	Failure of parents or caretakers to provide needed age appropriate care including food, clothing, shelter, protection from harm and supervision appropriate to the child's development, hygiene and medical care.
•	Non-accidental injury of a child that leaves marks, scars, bruises or broken bones.
•	Any inappropriate sexual exposure or touch by an adult to a child or an older child to a younger child.
•	Behavior such as rejecting, terrorizing, berating, ignoring, or isolating a child that causes serious impairment of the physical, social, mental or emotional capacities of the child.

Reporting Abuse

- _____ the abuse!
- Under Utah law, everyone has a legal _____ to report suspicion or knowledge of child abuse.

Services Available for Help

- 24 Hour Child Abuse/Neglect Hotline: 1-855-323-3237
- St. George Division of Child and Family Services: 1-435-652-2960

Major Components of Child Abuse

- _____ + _____ + _____ = _____

Major Cause of Abuse by Teen Parents

- _____
 - Stress related issues:
 - Being a new parent, not knowing what to do
 - Financial burdens
 - School or lack of schooling
 - Social isolation – lack of support
 - Abuse of alcohol and drugs
 - Illness, medical bills
 - Lack of sleep

Crying

- Unfortunately, _____ is the number one factor that leads to child abuse by parents. Especially teen parents!
- Infants are too young to understand _____.
- Make up your mind that you are there to _____ the baby, not necessarily to stop the baby from crying.
- Just because it is night time does not mean the baby turns off or switches to your _____.
- Check to make sure the baby's basic _____ are met. (Is the baby ill? Could the baby have colic?)
- When the caregivers are tired:
 - They are at a high risk for losing _____.
 - It is natural to feel _____ when crying occurs.
 - When the baby is crying, choosing options for dealing with the crying are not easy to see or think of. So, _____ what you will do to keep from losing control before you are faced with the situation.

Shaken Baby Syndrome

- Shaken Baby Syndrome (SBS) results from the _____ shaking of an infant or young child by the shoulder, arms or legs.
- A single shaking episode usually results in whiplash-induced _____ in and around the brain and can lead to _____ or permanent _____.
- Infants and young children are more susceptible to SBS because their heads are disproportionately _____ in relation to their bodies and their shoulders and neck muscles are weak and underdeveloped.
- _____ EVER SHAKE A BABY!

Elijah's Story

Video Reflection

Write a ONE PARAGRAPH reflection to the video "Elijah's Story." How did it make you feel? What warnings or advice would you give to someone in the same situation? (Remember that one paragraph is at least five sentences.)
