

Siblings



Never forget who was there for you
when no one else was.

Sibling Relationships



*Siblings are Brothers
and Sisters
(Including Step and Half)

Sibling Roles



*Siblings play many roles throughout our lives:

- Playmate
- Companion
- Teacher
- Learner
- Protector
- Dependent
- Role Model
- Intimidator
- Brown-noser
- Aggressor
- Victim
- Tattle-tale
- Baby
- Adversary



Next to the parent-child relationship, the sibling relationship is probably the strongest.



- They have deep sharing of emotions.
- Teaching and socializing is often the role of the older brother or sister.
- The older sibling is not only a teacher, but a caretaker and companion.

Sibling Rivalry

What is Sibling Rivalry?



- **Competition or jealousy** among children of the same family for their parents' affections or for dominance.
- It is extremely **common** and it sometimes persists into adult life.

Sibling Rivalry

What are common causes of sibling rivalry?

- Age
- Developmental stage
- Personality
- Need for attention from parents
- Need for protection from parents



Sibling Relationship Questionnaire

- 1. Do you have siblings? How many?
Name and describe.**

- 2. What role does each of your siblings
play in your family?**

- 3. How is your relationship with each
sibling?**

- 4. How does your sibling relationships
affected your family?**

- 5. How can your sibling relationships
affect your career?**

- 6. How can your sibling relationships
affect the community?**



Birth Order



- The order in which you and your siblings are born.
- Can have an impact on your personality and development.

Things to Remember about Birth Order:

- There are exceptions in every trait.
- Focus on positive traits of each birth order.
- Become aware of your uniqueness
- Use the information to understand yourself, siblings and others.
- Do not use traits as labels or stereotypes.



The Oldest Child



These children quickly learn how to please their parents- becoming conscientious, organized and reliable and serving as surrogate parents to younger parents.

Oldest Child Characteristics



- Guinea pigs
- Perfectionists
- Reliable
- Conscientious
- List makers
- Well-organized
- Critical
- Scholarly
- Loyal
- Serious
- Goal-oriented
- People pleasers
- Conservative
- Supporters of law and order
- Believers in authority and ritual
- Self-reliant
- Controlling



Top Careers for First-Borns



- Government
- Engineering
- Information Technology
- Science

100% of Astronauts who've gone into space were either eldest children or eldest sons

Famous First-Borns

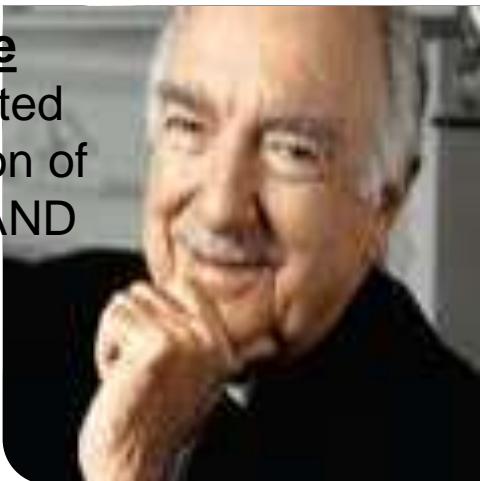


Oprah Winfrey

One of the most influential and wealthy women in the world.

Walter Cronkite

Famously reported the assassination of President JFK AND the 1969 moon Landing.



Winston Churchill

One of the greatest wartime leaders in history.



The Middle Child



- Difficult to categorize, they avoid being boxed in and have a more go-with-the-flow attitude than their older siblings. They tend to be unbiased and levelheaded and are good at negotiations, most likely from playing mediator between their siblings.

Middle Child Characteristics:



- Independent
- Loyal to peer group
- Good friends
- Finds companionship outside the home
- Sometimes feels left out of their own family
- Follows the crowd
- Competes for attention
- Peacemaker
- Somewhat Rebellious

Top careers for middle and second children



- Public Service
- Education
- Law Enforcement
- Caretaking
- Construction

65% of middle children put money into their savings accounts each month. They are also more likely to be asked for money from a sibling.

Famous Middle Children

Barbara Walters

First women to co-host a nightly evening news show.



John F. Kennedy
P.O.T.U.S 1961-1963.



Martin Luther King JR
Leader of the civil rights movement.



The Youngest Child

“The Baby”

- These children usually receive the least discipline, the fewest responsibilities and the biggest audience. As a result of being babied, they tend to be tender and altruistic. They learn that being funny and adorable gains attention and approval.



Youngest Characteristics



- Manipulative
- Charming
- Blame others
- Shows off
- People persons
- Good salespersons
- Uncomplicated
- Self-Centered
- Fun-Loving
- Outgoing
- Messy
- Class clowns
- Attention-Seeking
- Personable
- Manipulators
- Affectionate
- Absentminded
- Carefree
- Not taken seriously



Top Careers For Youngest Children



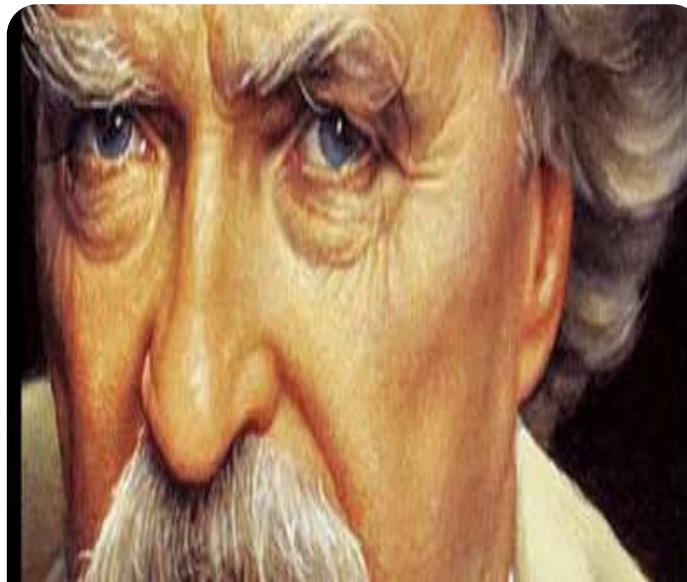
- Design
- Editing
- Writing
- Sales
- Art
- Information Technology

85% of youngest children suffer from nightmares.

Famous Youngest Children

Mark Twain

American
author and
humorist.



**Stephen
Colbert**
Newsman
and
youngest of
11 siblings.



**Prince
Harry**
Youngest
of the two
English
Princes.



The Only Child



These children are typically mature for their age due to time spent with adults. Many are high achievers, with a few rebelling and following their own path.

Only Child Characteristics

- Mature
- Perfectionist
- Conscientious
- Diligent
- High Academic Achievement
- Organized
- Pays attention to detail
- Confident



Top Careers For Only Children



- Law Enforcement
- Information Technology
- Nursing
- Engineering

18% of households are one-child families

Famous Only Children

Elvis Presley

The best-selling solo artist in the history of music.



Frank Sinatra

Defined an entire genre of popular music.



Franklin D. Roosevelt

Longest serving P.O.T.U.S.
1933-1945



Making Your Birth Order Work for You



- The following slides have some suggestions for making your birth order work in your best interest.
- People who are wise learn to make their birth order work for them and to their advantage.

Tips for the First Born Child



- Don't overextend yourself
- Learn to say no—you can't do everything
- Don't expect so much from yourself. You don't have to be perfect.
- Don't be afraid of being a detail person.
- Take problem solving step-by-step

**I'M THE OLDEST
I MAKE THE RULES**

Tips for the First Born Child

- Don't let others pressure you into making decisions. Take your time.
- Try to develop a sense of humor and laugh at your mistakes.
- Never apologize for being conscientious or over organized.



Tips for the Middle Child



- Use your people skills to see both sides of issues and deal with life as it really is.
- If you are a free spirit, fight to keep your unique qualities.
- Middle children grow up thinking that no one ever listened to them and they never had a chance to express their ideas. Share your ideas!

**I'M IN THE MIDDLE
I'M THE REASON
WE HAVE RULES**

Tips for the Middle Child



- Enjoy your many friends, but don't spread yourself too thin.
- Don't compare yourself to others—just be you!
- Don't think only firstborns are leaders; you understand, negotiate, and compromise. Try being a leader!

Tips for the Youngest Child



**I'M THE YOUNGEST
THE RULES DON'T
APPLY TO ME**

- Accept responsibility for yourself!
- Many lastborn are messy; learn to pick up after yourself.
- Choose jobs where you interact with people because you will do well!
- Be less self-centered and offer to help others.

Tips for the Youngest Child



- Don't blame others if you're the one who really caused the situation.
- Your gift of humor will be an asset; use it correctly. Don't be an attention seeker.
- Give others a chance to share the limelight. Concentrate on asking others about them!
- Lastborn tend to be the most compatible.



WHAT IS YOUR
TEACHER?

Can You Guess?

An Oldest Child Teacher



- Creates complicated projects for students to complete
- They like structure and order in the classroom
- They are happiest when students are sitting in nicely arrange desks, in a straight line
- Students are quiet and do as they are told
- The oldest child teacher becomes frustrated when the lesson plan is interrupted

A Middle Child Teacher:



- Is interested in the psychological well being, as well as the academic achievement, of the student
- They seek out the rebellious students in hope of influencing them in a more positive direction
- They try to achieve order through mutual respect and understanding
- They are sometimes strict, but sometimes easy going about classroom rules

A Youngest Child Teacher:



- More creative, fun loving and adjust well to noise and disorder.
- Activities are fun and spontaneous
- Student choose their own seats and have a lot of choice in classroom decision making
- Teachers allow students to take more responsibility so they won't have to do everything themselves
- Sometimes activities go awry because of poor classroom management skills